



KINGLAKE FOREST ADVENTURES CAMP



Sample menu

Day 1

Breakfast

Scrambled eggs, bacon and hashbrowns
Toast and spreads
Cereals, Juice
Tea, coffee and milo

Morning Tea

Home made chocolate chip muffins
Fresh fruit bowl

Lunch

Fresh gourmet burgers with salad
and all the trimmings
Fresh fruit platter

Afternoon Tea

Homemade white chocolate
and raspberry muffins
Fresh fruit bowl

Dinner

Homemade lasagne bolognaise
with salads and garlic bread

Dessert

Michelle's famous chocolate self
saucing pudding and icecream

**Fruit basket and hot and cold drinks are available at all times.
Any special dietary needs and allergies are happily catered for.**

Day 2

Breakfast

Fluffy homemade buttermilk pancakes with fresh
berries & fruit or maple syrup
Toast & spreads, Cereals
Tea, coffee and milo

Morning Tea

Home made scones, jam and fresh cream
Fresh fruit bowl

Lunch

A selection of fresh rolls and baguettes with
salads, fresh meats, schnitzels etc
Fresh fruit platter

Afternoon Tea

Zesty orange and poppyseed cake with
a traditional butter icing
Fresh fruit bowl

Dinner

Delicious slow roasted beef with an array of
roasted seasonal vegetables and gravy

Dessert

Homemade sticky date pudding with hot caramel
sauce and icecream

**“ The food during the week was of outstanding quality...It
was a refreshing change to experience homemade
cooking rather than just normal 'Camp Food' ”**

Robyn O'Connell, North Western Mental Health

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